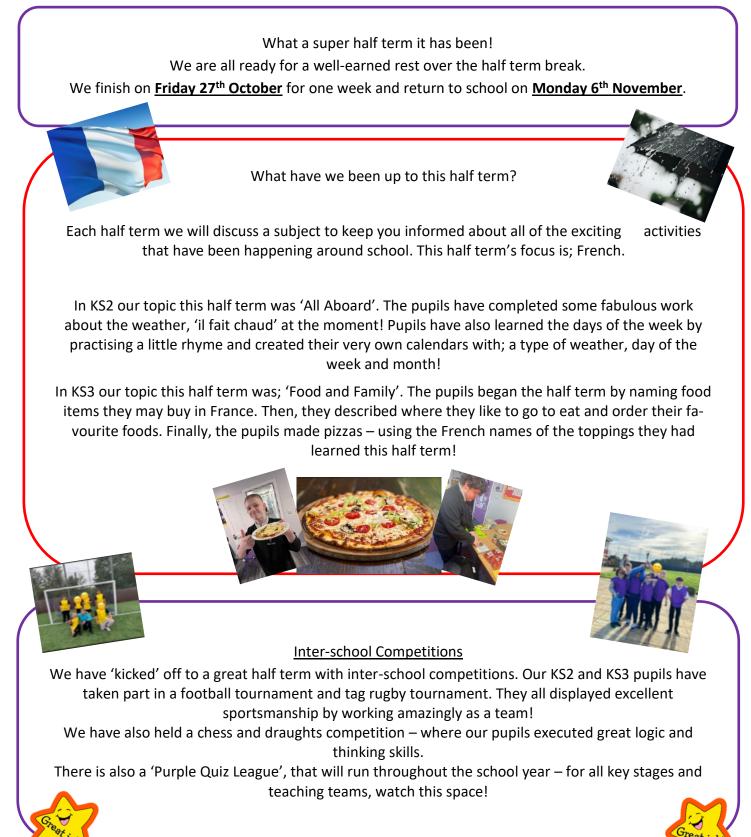




Hopedale offers a holistic, family-oriented, therapeutic approach to bringing children inner-peace and contentment, enabling them to access education, and become positive, valued members of society.

## Autumn (1) Newsletter 2023





## Enrichment Days this half term

We have had lots of enrichment days this half term. During September the pupils celebrated Roald Dahl Day. The pupils took part in activities ranging from; researching and completing fact files about the author to carrying out maths challenges involving questions from specific Roald Dahl books.

Next up was National Fitness day and Bees were very busy participating in some cosmic yoga.

Wear it Wild was a big success! The pupils enjoyed; face painting, making animals, creating butterflies, compiling habitats for animals and they even took part in some animal Olympics.

In October the pupils explored Mental Health Awareness Day. Our lower school enjoyed participating in activities such as; considering their digital footprint and how they can use technology safely, respectfully and responsibly. Throughout the upper school they held some very mature conversations about mental health, how and why people may suffer with their mental health and what people can do to help their mental health.

For World food day, the lower school enjoyed tasting a variety of foods from around the world. Our older pupils explored how they can support other countries regarding food, such as; donating the food we do not need.

During E-Safety Day the pupils explored fake news, online responsibilities and created posters about how they are safe online, to list a few activities.

